## Stakeholder Information: Covid-19 Asymptomatic Testing Update w/c 21 June & 28 June 2021

Around a third of people with Covid-19 do not show symptoms; Covid-19 testing is an important tool to identify cases which may otherwise go undetected. This enables us to break chains of transmission and limit the spread of this virus.

Universal Lateral Flow Device (LFD) Covid-19 testing is available for everyone in Scotland. Home test kits are available to anyone who does not have Covid-19 symptoms.

NHS Inform includes information on the variety of ways people without any Covid-19 symptoms can access home kits here: Coronavirus (COVID-19): Get a test if you do not have symptoms | NHS inform. This includes via:

- ➤ Collection from the Borders walk -through test site, which is operated by the UK Government's Department of Health and Social Care, at Langlee Community Centre (Marigold Dr, Galashiels, TD1 2LP) between 3:30pm and 8pm.
- Collection from <u>local pharmacies which are participating in this programme</u>.
- Calling 119 to get test kits delivered to your home.
- > Ordering test kits online to be delivered to your home.
- Attending one of the test sites (please see below) which are operating as part of our **Community Testing Programme.**

There is a useful guide on how to do a rapid lateral flow device test at home available on the NHS Inform website.

The community testing programme in the Borders is being offered at **local fire stations\*** in the following towns over the next few weeks:

Hawick	21 June
<b>Eyemouth</b>	21 & 22 June
Selkirk	22 & 23 June
Coldstream	23 & 24 June
Innerleithen	24 & 25 June
Newcastleton	25 & 26 June
Jedburgh	28 & 29 June
West Linton	28 & 29 June
Kelso	30 June & 1 July
Duns* (Volunteer Hall)	30 June & 1 July
Peebles	2 July
Selkirk	2 & 3 July

Please note: Schedule may change at short notice if need be. You can double check before attending via 01896 826370 or emailing ATS.Service@borders.scot.nhs.uk.

Sites are open from 10:30am to 3pm and appointments can be booked ahead of time by calling 01896 826370 or emailing ATS.Service@borders.scot.nhs.uk.

Testing at these sites is for anyone who is well (not currently showing Covid-19 symptoms).

The most common symptoms of COVID-19 are a new: continuous cough; fever / high temperature (37.8°C or greater) and/or a loss of, or change in, sense of smell or taste (anosmia). A new continuous cough is

where you: have a new cough that's lasted for an hour; have had 3 or more episodes of coughing in 24 hours or are coughing more than usual.

**If you are experiencing any of these typical Covid-19 symptoms** please self-isolate and book a PCR test through the national system by visiting the **GOV.UK website** or calling 0800 028 2816.

For further information on community testing such as Frequently Asked Questions please visit the <a href="MHS">NHS</a>
<a href="Borders Community Testing webpage">Borders Community Testing webpage</a>.